

## 2017 Helix Cross-Country Schedule High School

Date	Meet	Location	Start Times
Aug. 18 <sup>th</sup> - Fri.	Run for the Fight <i>Parent Meeting &amp; BBQ Potluck - 6:00pm</i>	Helix Track	8:00 am Fri. to 8:00 am Sat.
Sept. 9 <sup>th</sup> - Sat.	Runner's Soul XC Fest	Hermiston, OR Sandstone MS	HS Girls - 11:30am HS Boys - 12:10pm
Sept. 16 <sup>th</sup> - Sat.	Seaport Invite <i>(Camp Fri. &amp; Sat. Night)</i>	Clarkston, WA Beachview Park	HS Girls - 11:00am HS Boys - 11:30am
Sept. 22 <sup>nd</sup> - Fri.	Footrace to Valhalla	Umatilla, OR Umatilla HS	HS Girls - 1:30pm HS Boys - 2:10pm
Sep. 28 <sup>th</sup> - Thur.	Bulldog Fest	Hermiston, OR Riverfront Park	HS Girls - 4:50pm HS Boys - 5:35pm
Sept. 29 <sup>th</sup> - Fri.	Bike & Run to Juniper	Pizza Dinner	MS B/G - 3:30pm HS B/G - 3:35pm
Oct. 5 <sup>th</sup> - Thur.	Mustang Invitational	Heppner, OR Thompson Ranch	HS Girls - 4:00pm HS Boys - 4:45pm
Oct. 12 <sup>th</sup> - Thur.	Helix Stubblebuster Run	Helix, OR	HS Girls - 1:50pm HS Boys - 2:30pm
Oct. 19 <sup>th</sup> - Thur.	Kyle Burnside Wildhorse Invite	Wildhorse GC	HS Girls - 3:00 pm HS Boys - 3:30pm
Oct. 27 <sup>th</sup> - Fri.	Dist. 5 Championships	Pendleton, OR McKay Park	HS Girls - 1:00 pm HS Boys - 1:45 pm
Nov. 4 <sup>th</sup> - Sat.	OSAA 3A/2A/1A State Championships	Lane Comm. College Eugene, OR	HS Girls & Boys TBA
Nov. 11 <sup>th</sup> - Sat	Letter Party	Helix MP Room	Potluck - 5:30pm

When meet times are updated on **Athletic.net**, I will notify you of the changes. The schedule, runner's results and times, and directions to the meet can be found on Athletic.net. On the Athletic.net homepage click either High School or Middle School under the Cross-Country heading. Griswold High School will be found by clicking **Oregon** then clicking **Griswold** under **District 5 of the 1A,2A,3A** heading. Helix Middle School will be found by clicking **Oregon** then clicking **Helix** under the **Umatilla/Morrow MSAA** heading.

September 25<sup>th</sup>, 2017